

The 2023 PNS meeting was held in Copenhagen, Denmark. I would like to express my gratitude to the British Peripheral Nerve Society (BPNS) for awarding me the Richard Hughes travel bursary to attend. The conference proved to be an invaluable opportunity for learning and sharing insights in clinical practice and peripheral nerve research.

I had the privilege of presenting my research work on "Strachan's Syndrome in the UK". The presentation was well-received and gave me a platform to raise awareness of this relatively unknown yet treatable condition.

The conference featured a diverse range of presentations, keynote speeches and poster sessions. The comprehensive coverage of topics, from clinical management to cutting-edge research, has greatly expanded my knowledge base. Personal highlights for me included plenary sessions on emerging therapies for peripheral neuropathies from the bench to translation by Professor Giampetro Schiavo. The future is bright with opportunity (and challenges) due to advancements in novel genetic therapies to treat previously untreatable genetic neurological disorders, shaping a promising future for patient care. This was enhanced by a consortium pertaining to alternative trial designs in neuropathies led by Professor Mike Lunn and also complimented by a talk given by Professor Carsten Bonnemann regarding early onset ALS and the importance of sphingolipid regulation. This is relevant to our work given the Hereditary Sensory Neuropathy Serine (SENSE) trial has recently opened at NHNN, and is investigating the efficacy of L-serine for patients with HSN1 due to variants in SPTLC1 and 2 genes.

In conclusion, my attendance at the PNS 2023 Conference was a rewarding experience, enriched by the Danish hospitality. I am grateful for the support of the BPNS, and I look forward to contributing to and representing the BPNS positively in the future.

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